Screening with Tomosynthesis and Synthesized 2D:

The Norway experience

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ClinicalTrials.gov

Tomosynthesis in the Oslo Breast Cancer Screening Program (DBT)

The study was closed December 2012

ClinicalTrials.gov Identifier: NCT01248546

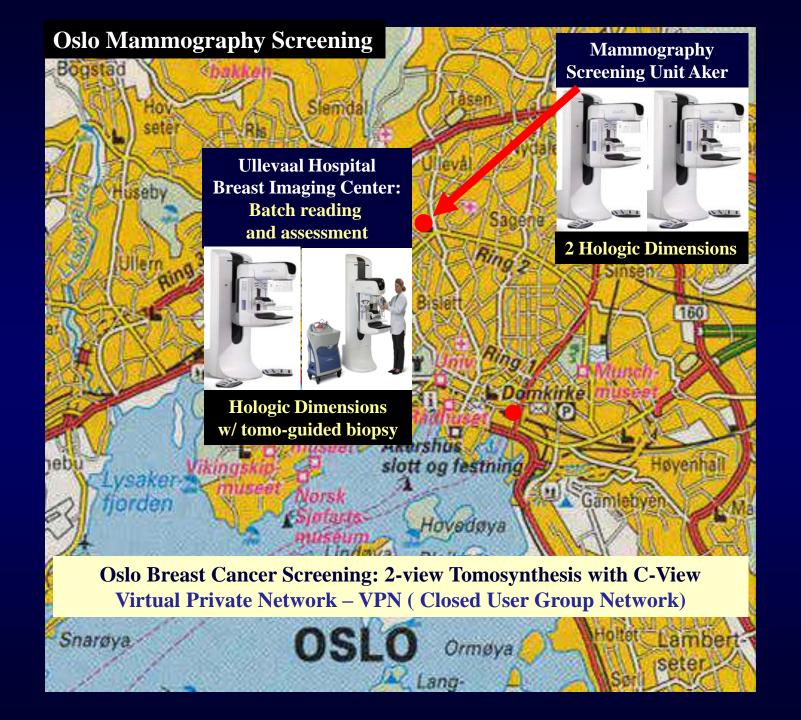
- Enrollment (one screening round): 25,547 / 34,742
- Study Start Date: November 22, 2010
- Completion Date: December 19, 2012

(Final data collection date for primary outcome measure)

Oslo Tomosynthesis Screening Trial:

- Part of the Norwegian Breast Cancer Screening Program
- Age group 50-69 years
- Two-view (CC and MLO) mammography
- Independent double reading with consensus (arbitration)
- 5-point rating scale (1=normal/benign; 2-5=positive score)
- On-line reporting directly into the database of the Norwegian Cancer Registry

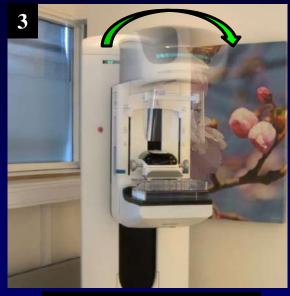
Disclosure: Oslo Tomosynthesis Screening Trial Equipment and support for additional reading provided by Hologic, Inc.



Oslo Mammography Screening Unit, Aker hospital: Hologic Selenia Dimensions











Scan (sweep) angle 15 gr.: 4 seconds

- * Scan angle: 15 grade (arc)
- * Projections: 15 low dose
- * Tube motion: Continuous
- * Scan time: 4 sec. (exposure)
- * Tube movement (1-5): 8 sec.

Examination time one woman: 5 minutes (2-view DBT+synth2D)Women examined / hour: n = 10 (scheduled exams / hour: n = 12)

Digital Breast Tomosynthesis (DBT) screening: Norway 2015

A) From February 2014 ongoing:
Prospective study within the
NBCSP comparing

2-view DBT+C-view

(Oslo County)

VS.

2-view conventional FFDM

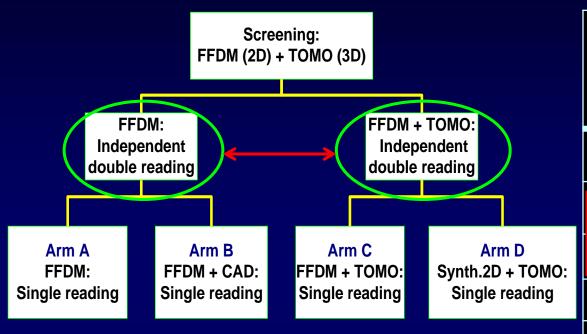
(Buskerud County and Vestfold County as geographical controls) (to be published soon in Radiology)

B) From 2015 ongoing:

Prospective study comparing
FFDM vs. 2D+DBT
(Bergen/Hordaland County)



Oslo Tomosynthesis Screening Trial (OTST): Preliminary results



Eur Radiol DOI 10.1007/s00330-013-2820-3

BREAST

Prospective trial comparing full-field digital mammography (FFDM) versus combined FFDM and tomosynthesis in a population-based screening programme using independent double reading with arbitration

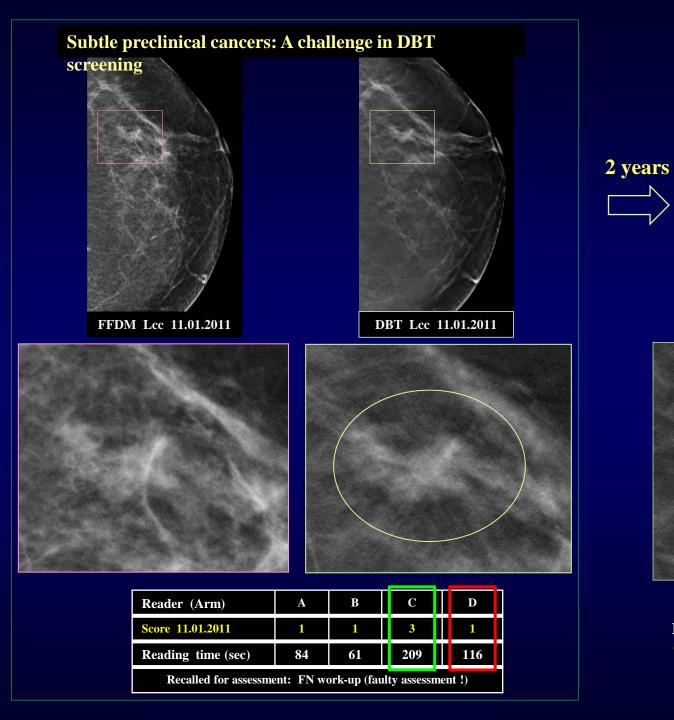
Per Skaane · Andriy I. Bandos · Randi Gullien · Ellen B. Eben · Ulrika Ekseth · Unni Haakenaasen · Mina Izadi · Ingvild N. Jebsen · Gunnar Jahr · Mona Krager · Solveig Hofvind

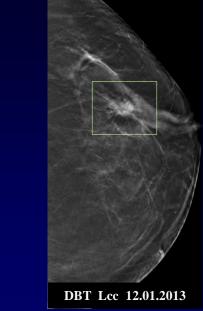
Skaane P et al.: Eur Radiol 2013;23:2061-2071

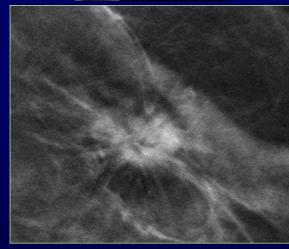
SDC: Mammographic feature	Double reading A+B C+D Pos Pos Diff.				
Circum. mass	9	9	0		
Spicul. mass	33	42	9		
Distortion	9	20	11		
Asymm. dens	4	5	1		
Microcalc's	28	29	1		
Calc+dens.	7	14	7		
Total	90	119	29		

SDC: Screening-detected cancer

Cancer detection: rel. increase (2D+TOMO) vs. (2D): 32%







Histology 02.2013:

Invasive ductal carcinoma (IDC)
G2, 14 mm, N1 (+ DCIS G3 18 mm)

Oslo Tomosynthesis Screening Trial (OTST): Final results *

Screen-detected cancer (SDC) diagnosed in arm C and/or arm D but missed at 2D only («Tomo-only cancer») n = 55: Concordant and discordant interpretations stratified on mammographic findings

Mammographic findings	Concordant n %		Discordant n %		Total n %	
Circumscribed mass	1		0		1	
Spiculated mass *	13		14		27	
Architectural distortion *	8		7		15	
Asymmetric density	1		1		2	
Calcifications (mc's) **	0		2		2	
Density + microcalcifications **	2		6		8	
Total	25	45%	30	55%	55	100%
* Spiculated mass + arch. distortion	21	50%	21	50%	42	76%
** Calcifications (with/without density)	2	20%	8	80%	10	18%

^{*} Skaane P et al.: Breast Cancer Res Treat 2018; doi

Screening with Tomosynthesis and Synthesized 2D: The Norway experience

Objectives

- Why do we need syn2D
- What is synthetic mammograms (syn2D)
- Syn2D and diagnostic performance:
 - Circumscribed masses
 - Spiculated masses
 - Distortions
 - Microcalcifications
- Conclusion of DBT-screening using syn2D

Screening with Tomosynthesis and Synthesized 2D: The Norway experience

Objectives

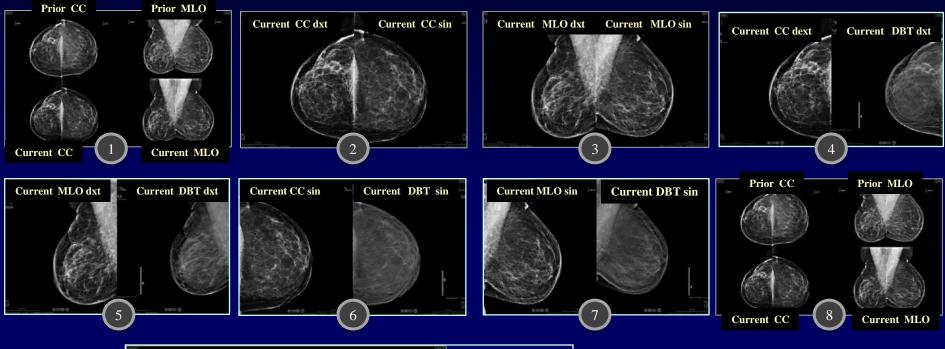
- What is "synthetic" mammograms ("syn2D")
- Why do we need syn2D?

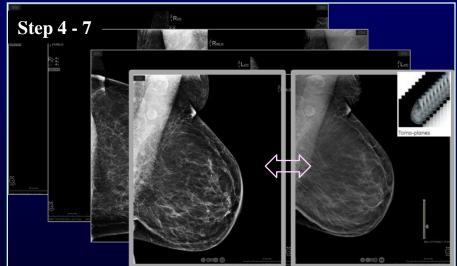
For 2 important reasons:

- 1. Comparison
 - with prior mammograms
 - right-left breast
 - 2D with DBT
- 2. Higher performance (cancer detection) when DBT is combined with 2D and when using two-view DBT: Replacement for FFDM in combined 2D+DBT mode (radiation dose reduction!)
- Syn2D and diagnostic performance

DBT – challenges: Detection of small subtle cancers

OTST: Hanging protocol step 1 - 8 for batch reading (2D + DBT)





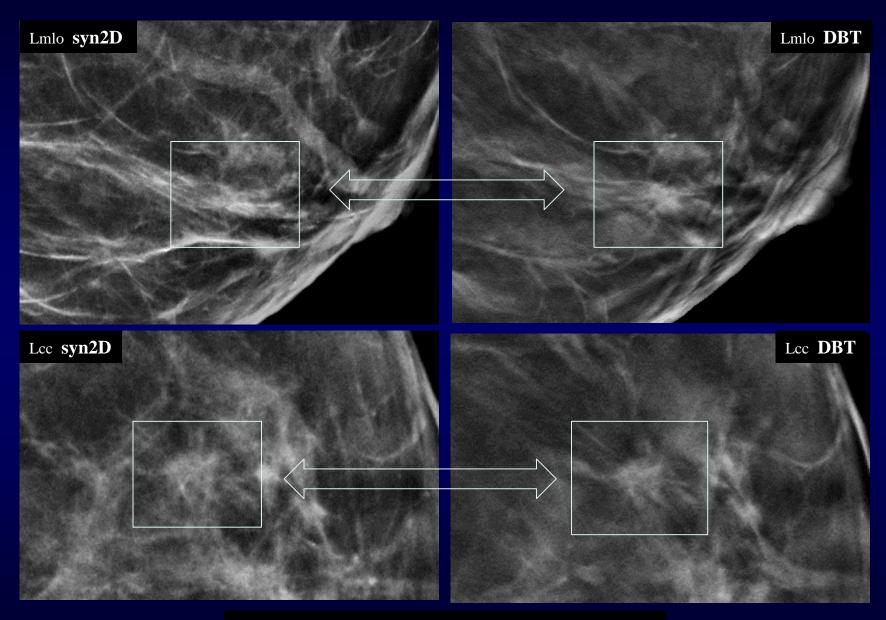
Step 4 – 7:

(2D on left and 3D scrolling on right monitor):

Looking for

- (Fine) microcalcifications
- Subtle spiculated masses
- Distortion

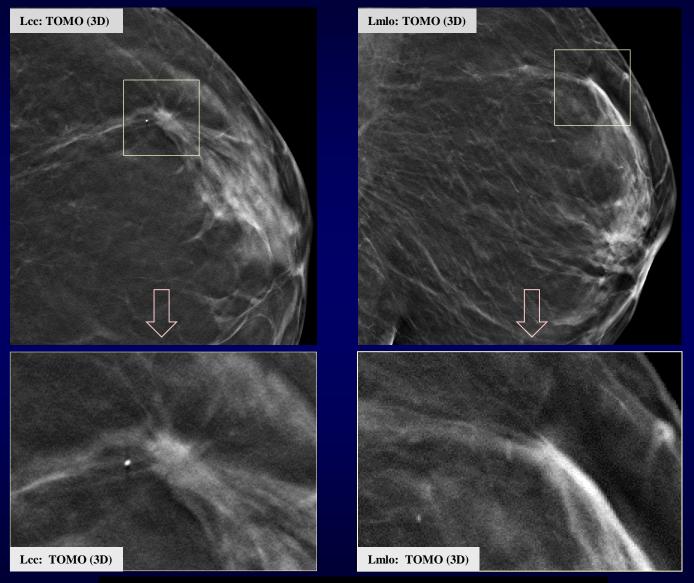
Cancer visibility: 2D vs. Tomosynthesis



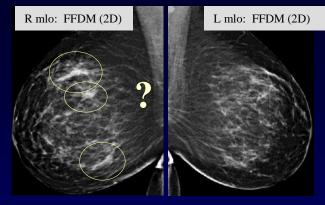
Histology: **Tubular carcinoma** (screening 2014)

DBT – challenges: One- vs. two-view **DBT**

Cancer obvious on CC but could easily be overlooked on MLO!

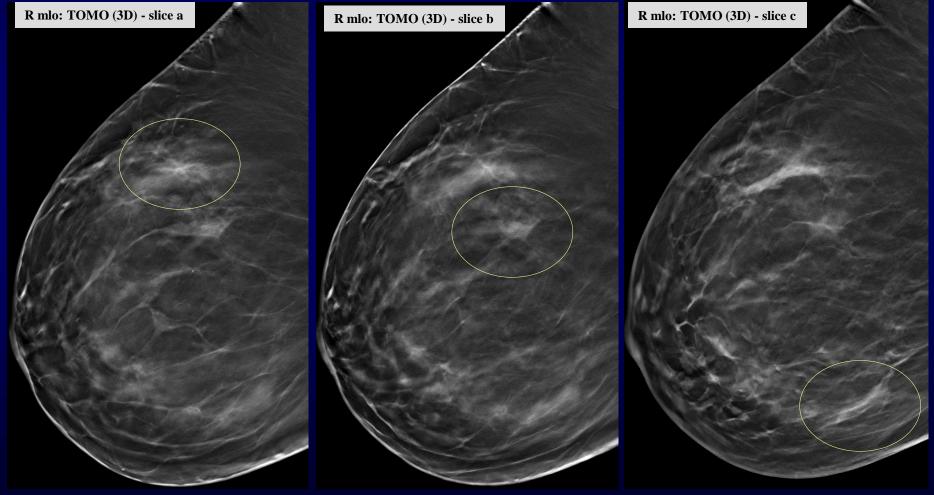


Histology: Invasive ductal carcinoma (IDC) grade 1, 6 mm

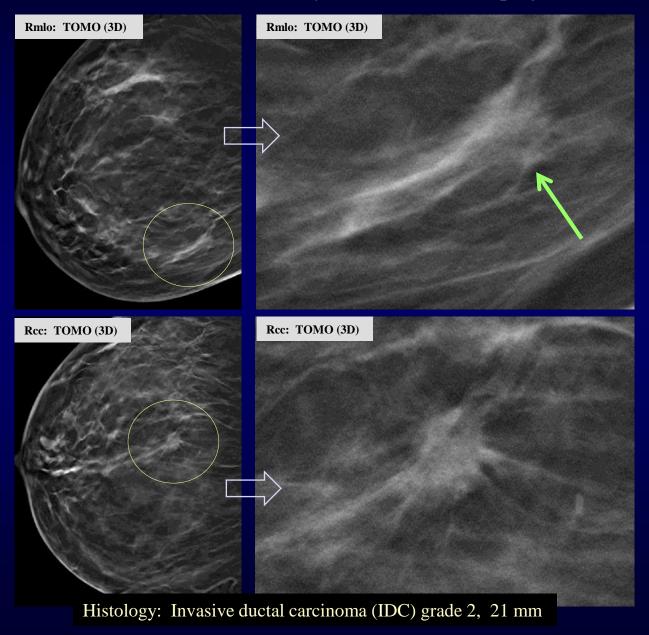


Do you see a cancer in the right breast?

Do you see three asymmetric densities?



- DBT mlo: Very subtle fine spiculations (easily missed!)
- **DBT cc**: Cancer is easily identified on this projection!



DBT – challenges: One- vs. two-view DBT, radiation dose, and synthetic 2D

Images to be included:

- One view TOMO (mlo) only?
- One view TOMO + one view 2D?
- One view TOMO + two view 2D?
- Two view TOMO only?
- Two view TOMO + one view 2D?
- Two view TOMO + two view 2D?

Why do we need 2D (+ TOMO):

- 2D maximize mc detection?(TOMO: "Thin-slice-effect")
- Comparison with prior exams
- Comparison right-left breast
- Externals may request current 2D

Experience from clinical studies:

Two view 2D (FFDM: MLO + CC) plus two view TOMO (MLO + CC) seems to offer highest clinical performance.

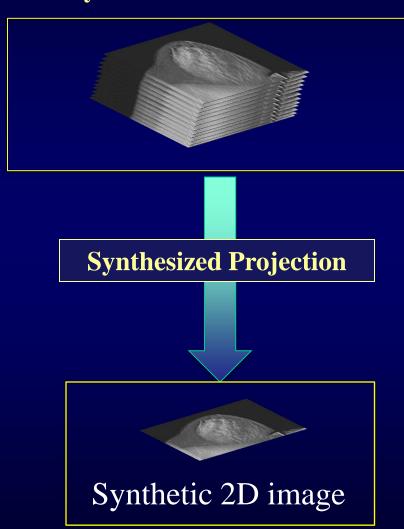
However: This means a double radiation dose!



Synthetic 2D may substitute for FFDM images (when combined with tomosynthesis) without additional radiation dose!!

Synthetic 2D generation:

Tomosynthesis reconstructed slices



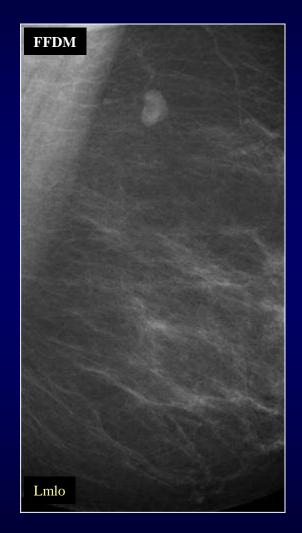
Synthetic 2D image (called C-View by Hologic) shows a roadmap of the important features from tomosynthesis slices Screening with Tomosynthesis and Synthesized 2D: The Norway experience

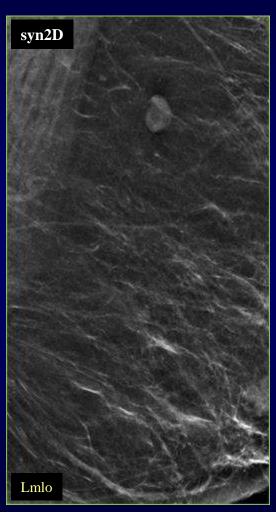
Objectives

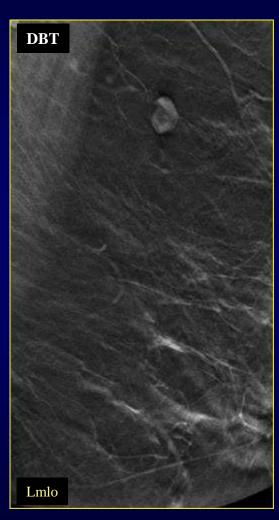
- What is "synthetic" mammograms ("syn2D")
- Why do we need syn2D
- Syn2D and diagnostic performance:
 - Circumscribed masses
 - Spiculated masses
 - Distortions
 - Microcalcifications
- Syn2D in screening setting
- Conclusion

Circumscribed masses:

Intra-mammary lymph node

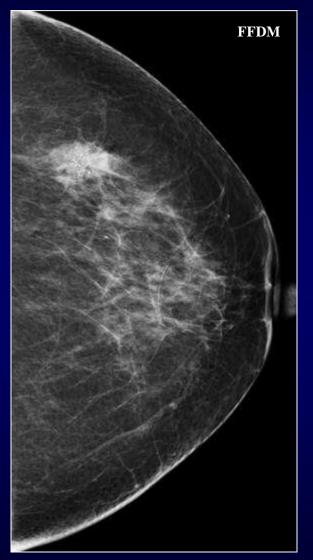


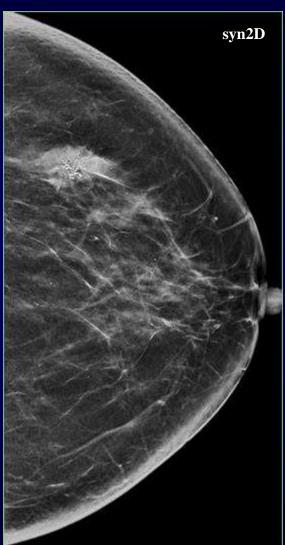


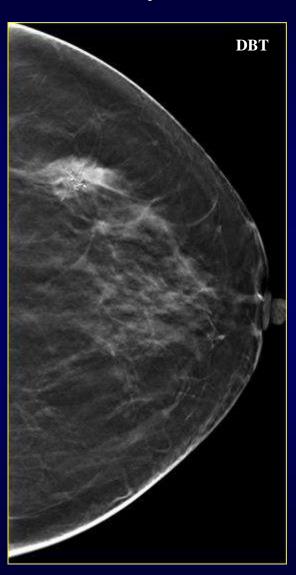


Spiculated masses:

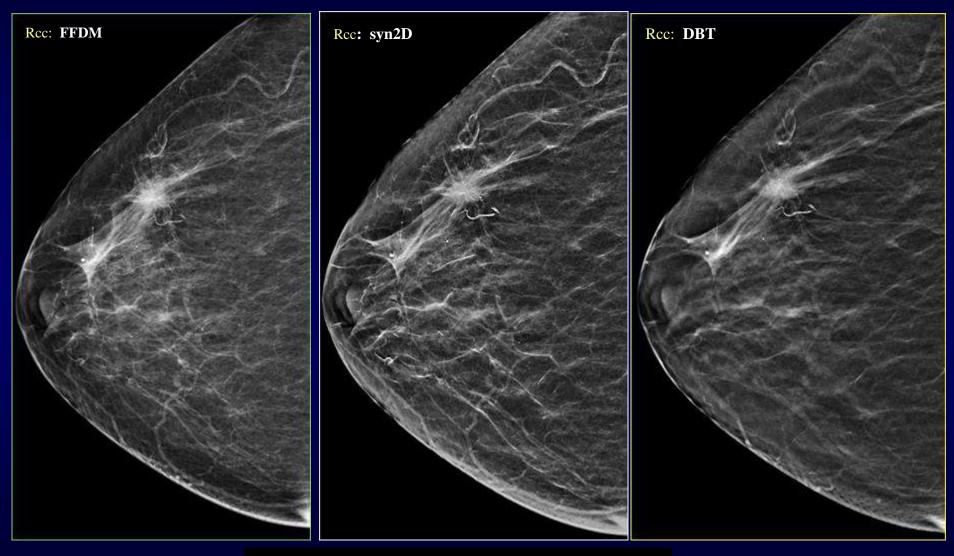
Do we see the same on synthetic 2D as on conventional FFDM and tomosynthesis (3D)?





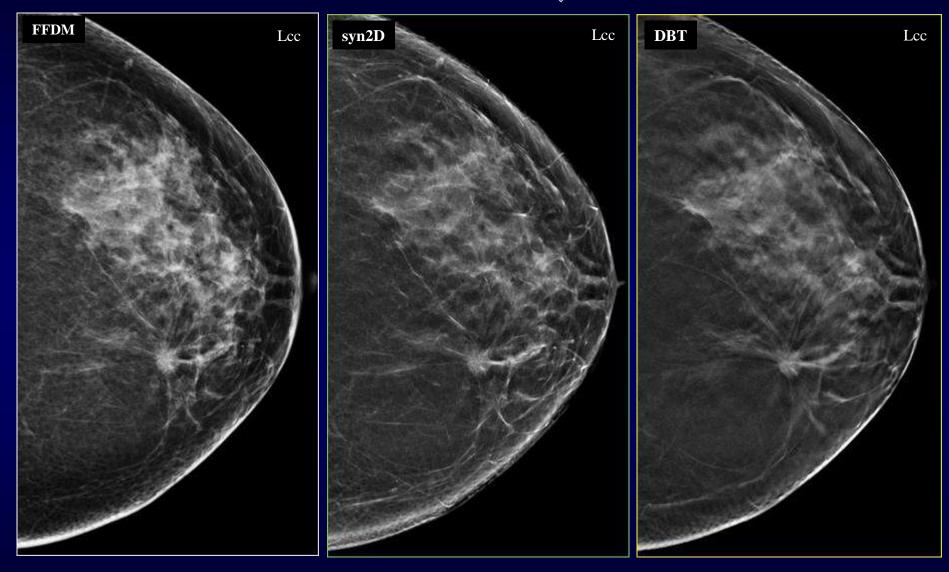


Do we see the same on C-view as on conventional 2D FFDM and tomosynthesis (3D)? Oslo Tomosynthesis Screening Trial



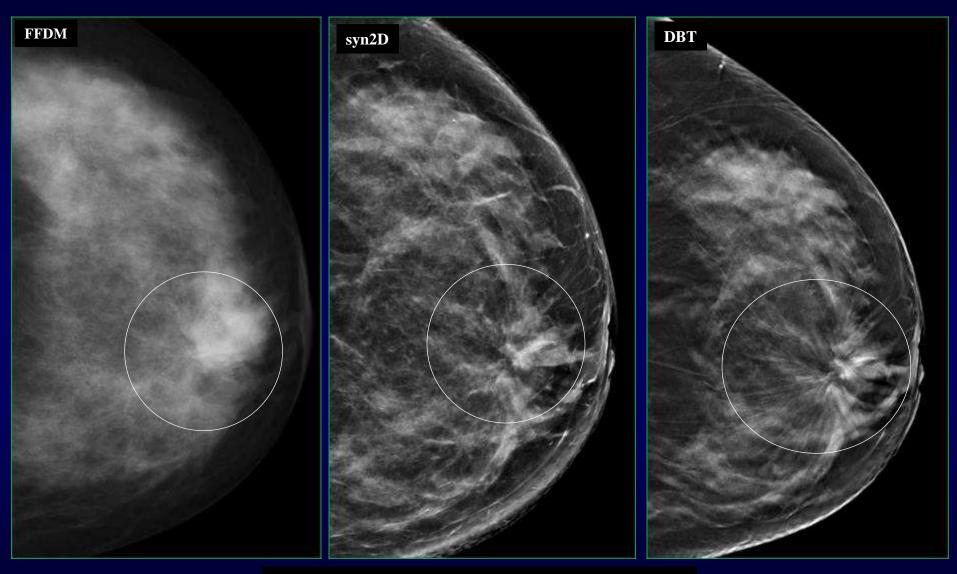
Histology: Tubular carcinoma 13 mm

Synthetic 2D image



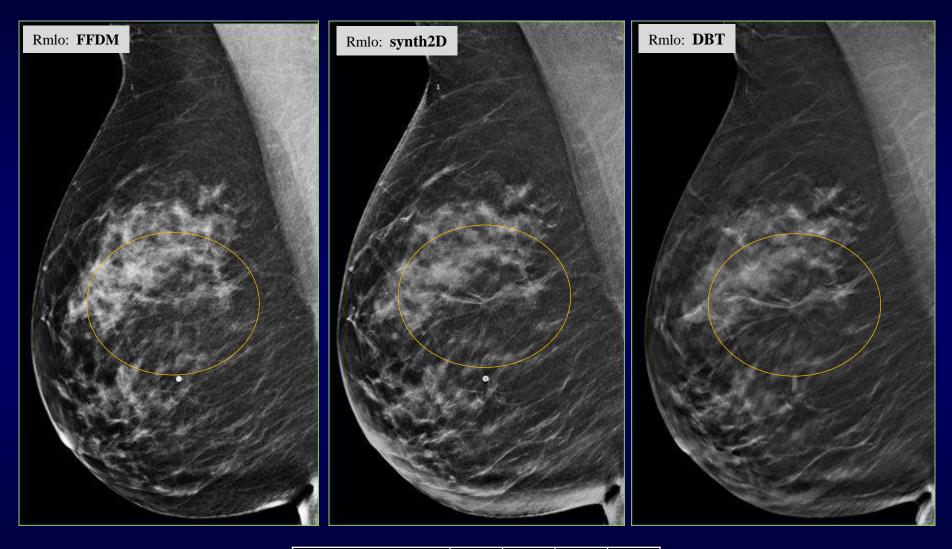
Invasive ductal carcinoma 9 mm

Distortion:



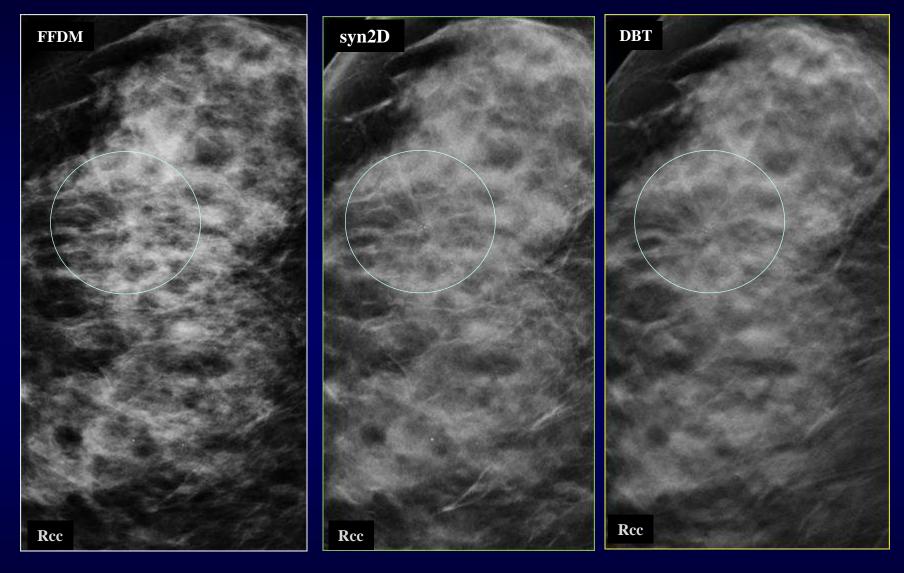
Invasive ductal carcinoma (IDC) gr. 1, 24 mm

Invasive lobular carcinoma (ILC) G1, 12 mm (+ DCIS G3)

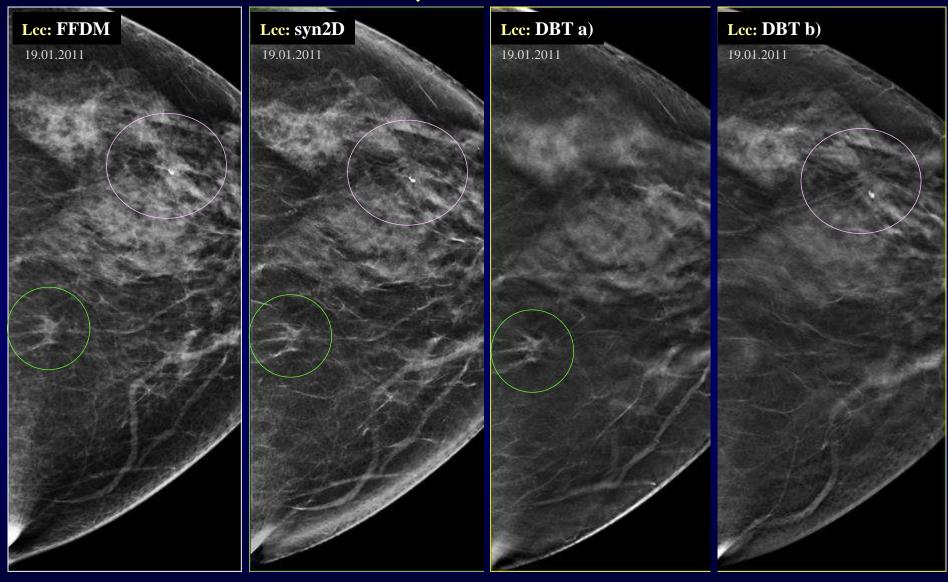


Reader (Arm)	A	В	C	D
Score (NBCSP)	1	1	3	4

Histology: Invasive lobular carcinoma (ILC), G1, 14 mm

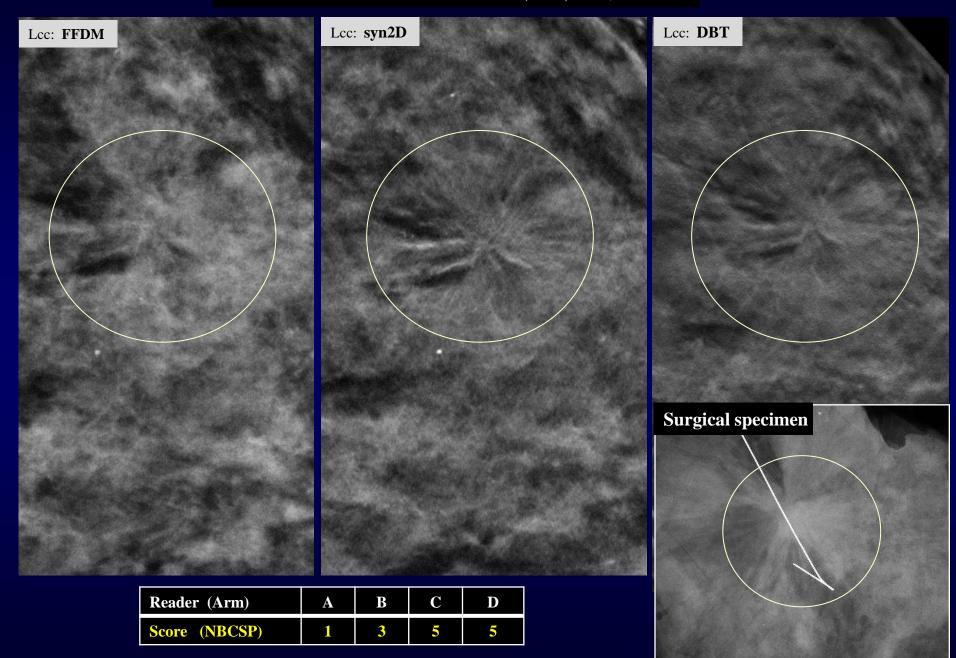


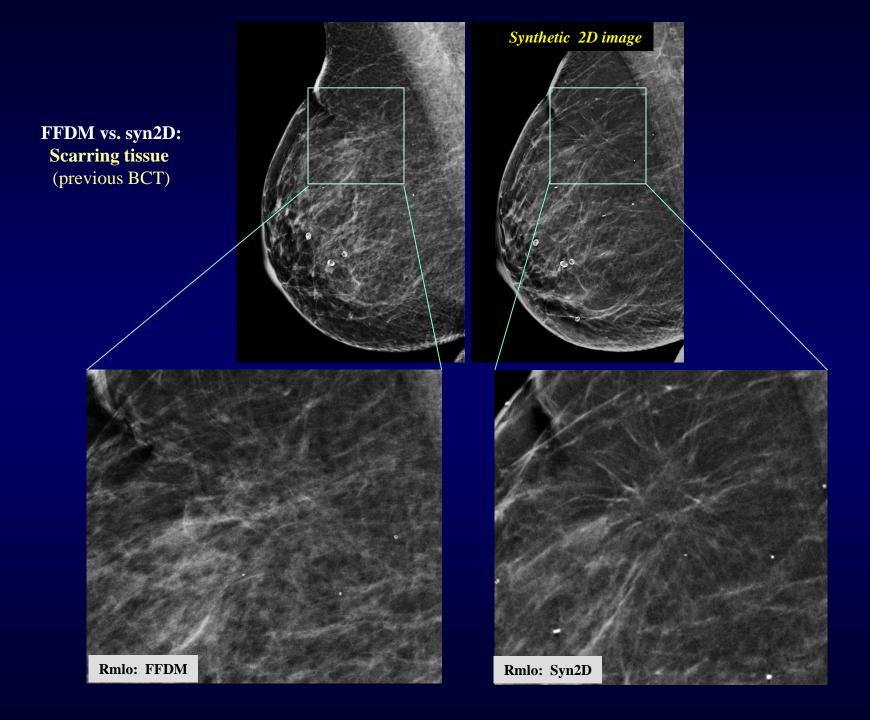
Reader (arm)	Α	В	С	D
Score (NBCSP)	1	1	1	3



2 cancers: ILC gr. 2, 8 mm (medial) + tubular carcinoma 8 mm (lateral)

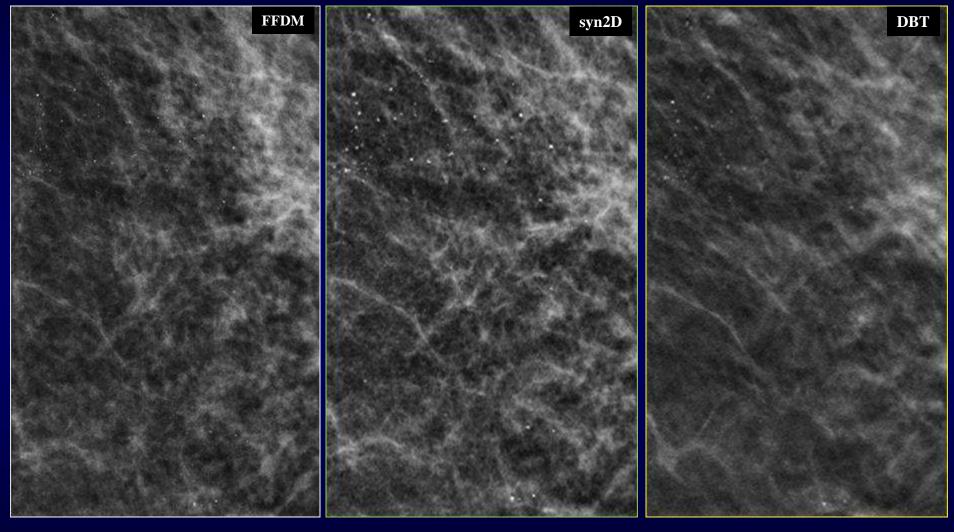
OTST: Invasive ductal carcinoma (IDC) G1, 10 mm





Microcalcifications:

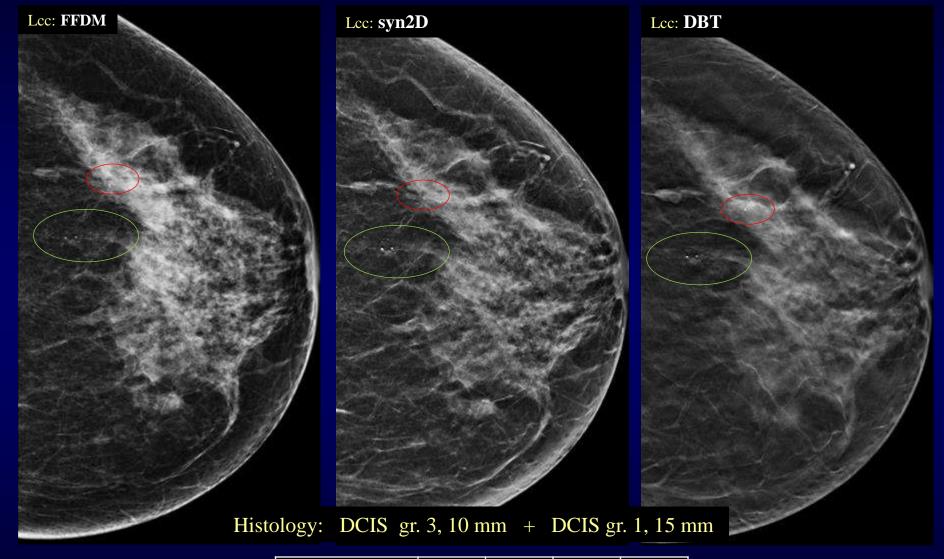




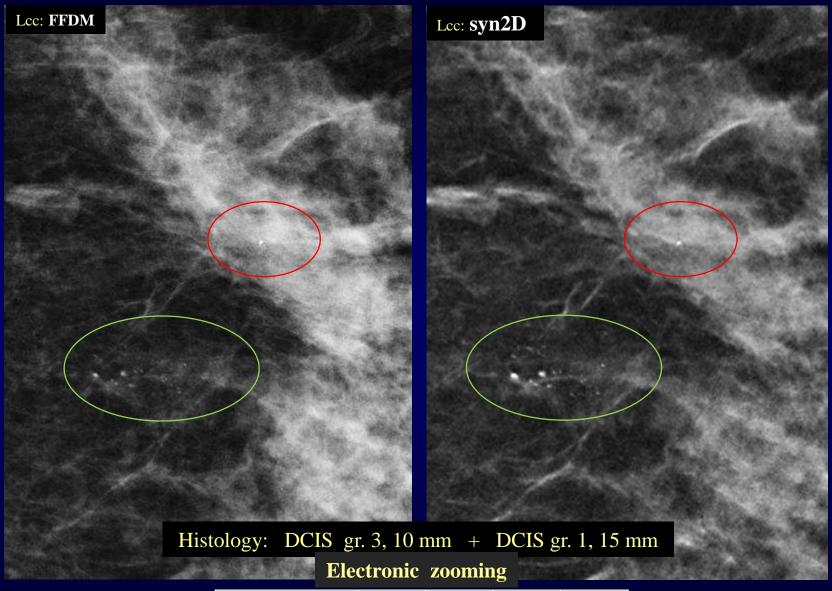
Synthetic 2D (C-view): Highlighting

Tomo: "Thin-slice-effect"

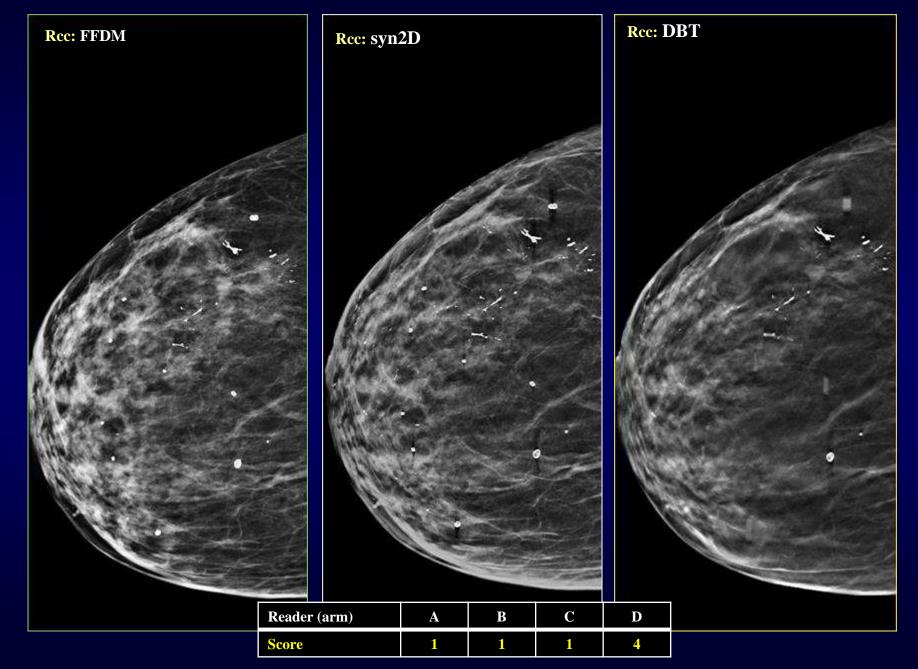
Oslo Tomosynthesis Screening Trial



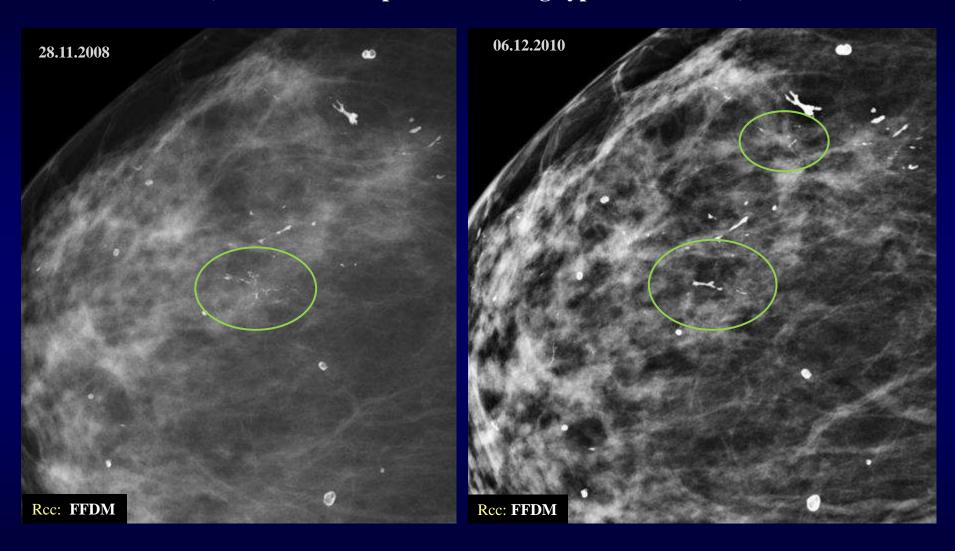
Reader (arm)	A	В	C	D
Score (mc's)	3	4	2	1



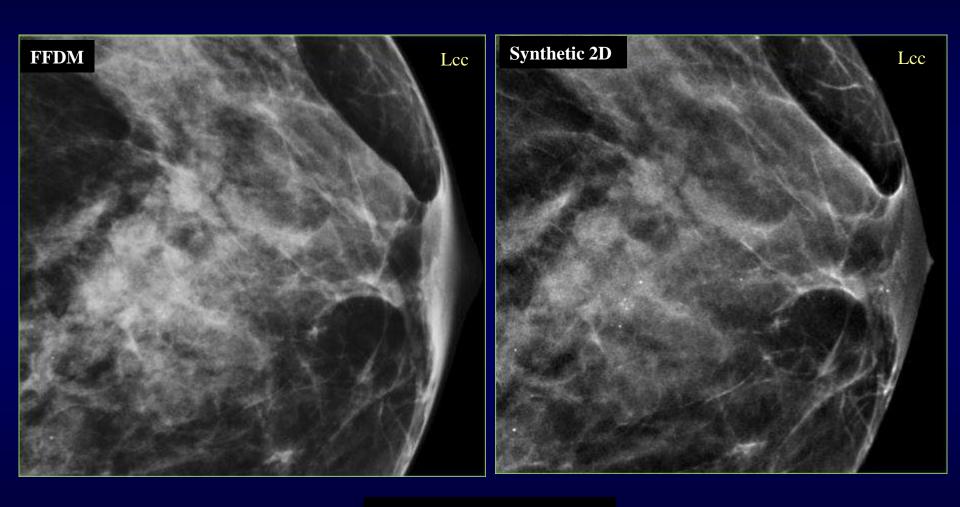
Reader (arm)	A	В	C	D
Score (mc's)	3	4	2	1



Disappearance of calcifications: Development of invasive cancer !! (note also development of casting-type calcification)

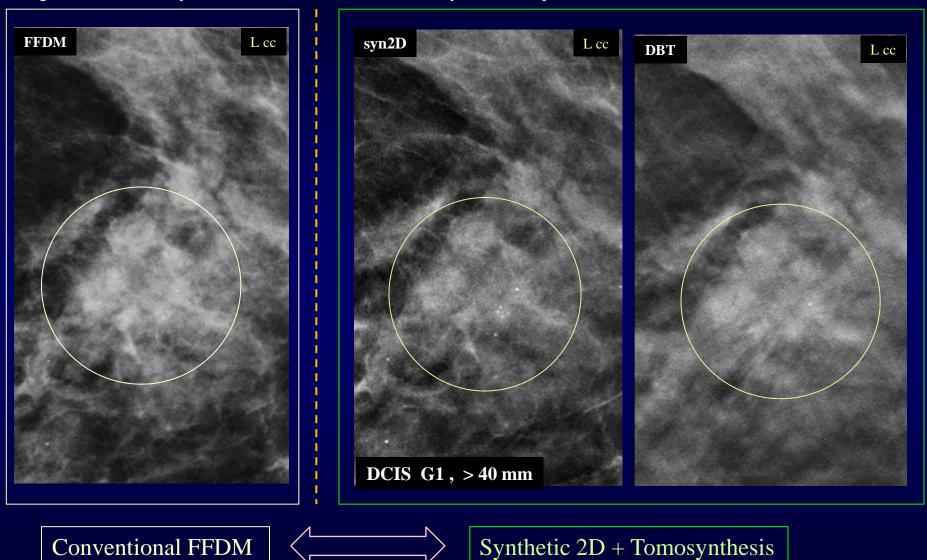


Histology: DCIS gr. 3 + IDC



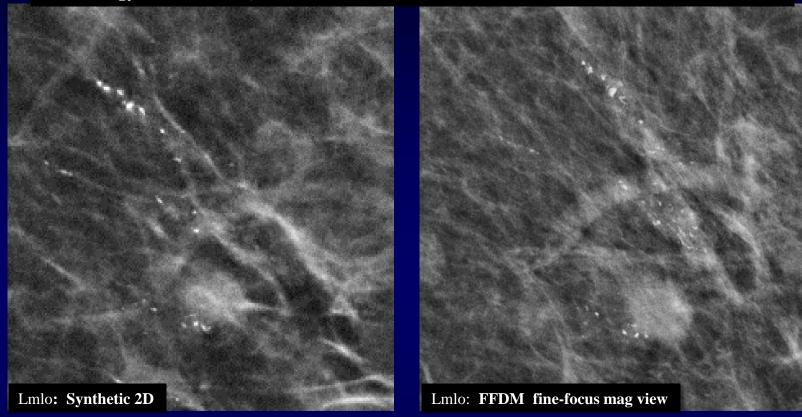
DCIS grade 1, > 40 mm

Digital Breast Tomosynthesis (DBT) with reconstructed syn2D: Comparable radiation dose with conventional FFDM



Comparable radiation dose!

Histology: DCIS 30 mm, G3 (+ two small foci of microinvasive cancer + fibroadenoma)



Screening with DBT and synthetic 2D images: Microcalcifications

Definitely suspicious:

Recall for biopsy (VAB)

Indeterminate benign-malignant:

Recall for suppl. mag-views

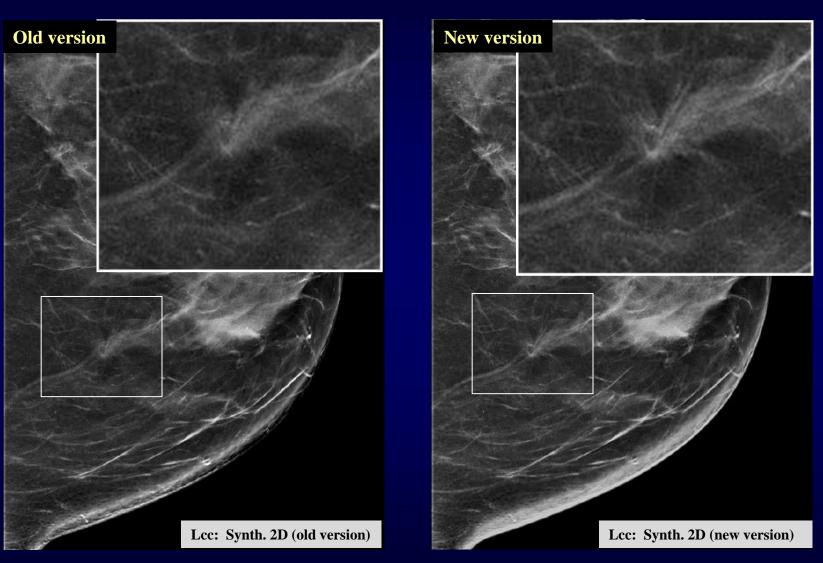
Definitely benign:

Dismiss; back to screening

Indeterminate mc cluster (i.e., to biopsy or not): Still indication for fine-focus magnification views!

Summary of syn2D in screening setting

On-going improvements of synthetic 2D images!



Oslo Tomosynthesis Screening Trial (OTST): Invasive ductal carcinoma (IDC), 8 mm

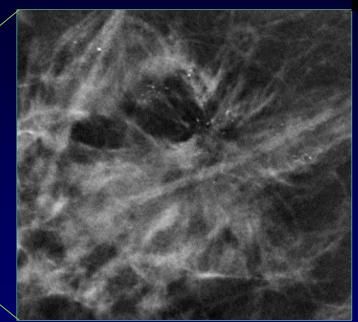
Breast cancer screening: Tomosynthesis pros and cons

- A) $\overline{DBT-pros}$:
 - Increased specificity (reduced recall rate)
 - Increased cancer visibility / conspicuity
 (increased sensitivity; i.e., cancer detection rate)
- B) <u>DBT cons («challenges»):</u>
 - One- vs. two-view DBT, radiation dose, and synthetic 2D
 - Microcalcifications: syn2D and DBT vs. FFDM
 - The (very) dense breast
 - Lesions seen only on DBT («tomo-only lesions»)
 - Increased work-load / interpretation time
- **Overdiagnosis** («length-time bias»)
 - Cost-effectiveness

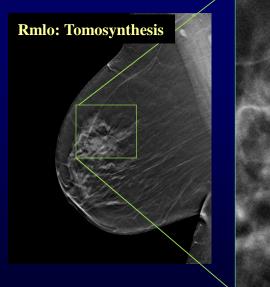
Oslo Breast Cancer Screening (DBT + syn2D)

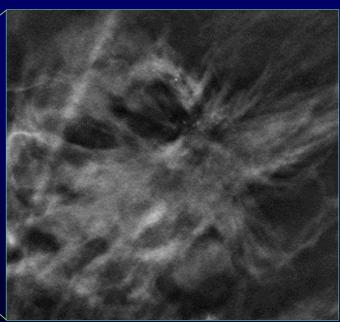
Reader (Arm)	Α	В
Score (NBCSP)	5	5

Rmlo: Synthetic 2D



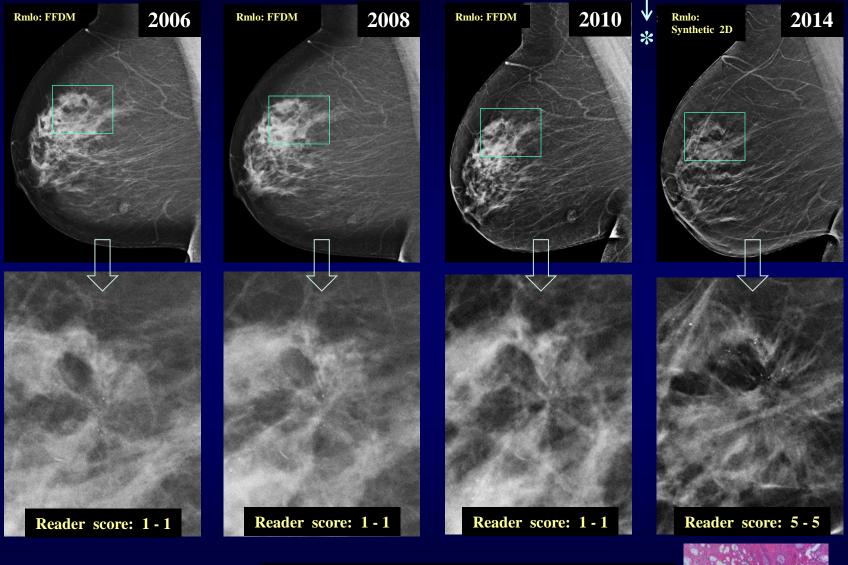
Radial scar + DCIS grade 1



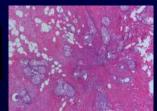


* Non-attender 2012

DBT: Potential for «overdiagnosis» - «prevalent tomo-round» !!



Screening-detected cancer 2014: 62 year woman Histology: Radial scar + DCIS G1



Screening with Tomosynthesis and Synthesized 2D: The Norway experience

Objectives

- What is "synthetic" mammograms ("syn2D")
- Why do we need syn2D
- Syn2D and diagnostic performance:
 - Circumscribed masses
 - Spiculated masses
 - Distortions
 - Microcalcifications
- Conclusion: DBT incl. syn2D in screening

Studies comparing 2D (FFDM) versus 2D+3D (DBT) in mammography screening

Retrospective US studies comparing FFDM (2D) and 2D+3D (DBT)	Recall: % Relative
Yale Uni, New Haven, CT Haas BM: Radiology 2013	12.0% \ -30% \ 8.4% \ \ (sign)
TOPS, Houston, TX Rose SL: AJR 2013	8.7% \ \ \ \ \ \ \ \ \ \ \ \ \ \ \ \ \ \ \
US Comm. Practice, MD-VA Greenberg JS: AJR 2014	16.2% \ \ \ \ \ \ \ \ \ \ \ \ \ \ \ \ \ \ \
E. Wende Breast Care, NY Destounis S: J Clin Imag Sci 2014	11.5% \ \ \ \ \ \ \ \ \ \ \ \ \ \ \ \ \ \ \
Pennsylvania Uni, Philadelphia, PA McCarthy AM: JNCI 2014	10.4% \ \ \ \ \ \ \ \ \ \ \ \ \ \ \ \ \ \ \
Yale Uni, New Haven, CT Durand MA: Radiology 2015	12.3%
Brown Uni, Providence, R! Lourenco AP: Radiology 2015	9.3% \ -31% \ 6.4% \ \(\sign\)
US multicenter study (13 centers) Friedewald SM: JAMA 2014	10.7% \ \ \ \ \ \ \ \ \ \ \ \ \ \ \ \ \ \ \
Beth Israel, Harvard, Boston, MA Sharpe RE: Radiology 2016	7.5% \ -19% \ 6.1% \ \ (sign)
Pennsylvania Uni, Philadelphia, PA McDonald ES: AJR 2015	9.1% \ \ \ \ \ \ \ \ \ \ \ \ \ \ \ \ \ \ \

(in favour of 2D+DBT)

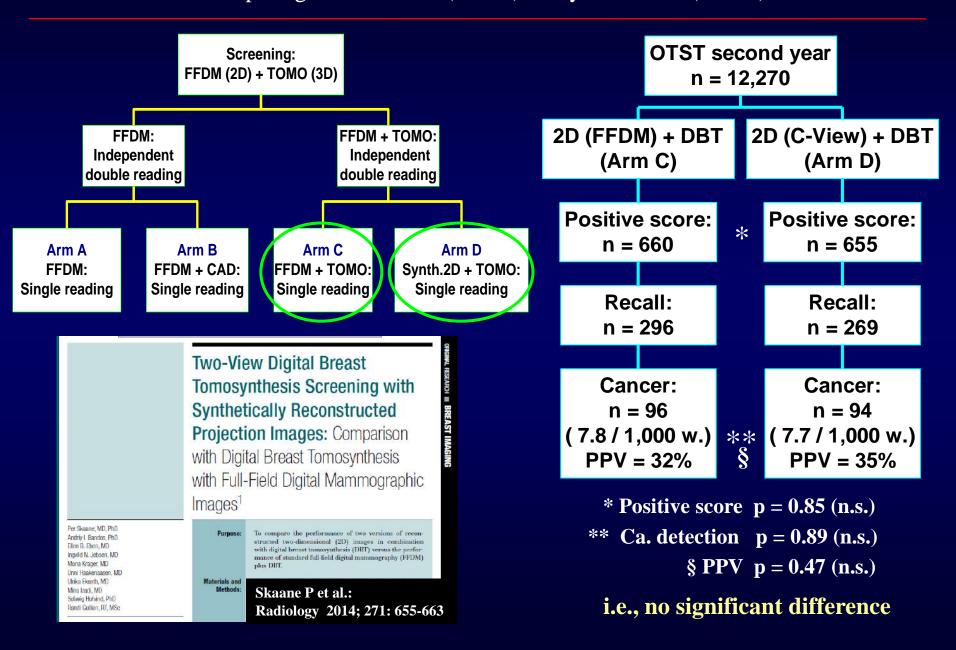
Significant 17

Prospective European trials comparing FFDM (2D) and 2D+3D (DBT)

Study	Cancer detection (n / 1,000)	Rel. increase ca. detect
STORM (Italy) 1)	5.3 vs. 8.1: + 2.8/1000	† 53 %
OSLO (OTST) 2)	6.1 vs. 8.0: + 1.9/1000	↑ 27 %
Malmø (MBTST) 3)	6.3 vs. 8.9: + 2.6/1000	1 43 %
Cordoba (Spain) 4)	5.7 vs. 4.7: + 1.0/1000	↑ 17 %
US multicenter Study 5)	4.2 vs. 5.4: + 1.2/1000	↑ 29%

- 1) <u>Screening with Tomo OR standard Mammography;</u> Final results. Ciatto S: Lancet Oncol 2013;14:583-9
- 2) <u>Oslo Tomosynthesis Screening Trial</u>); Interim analysis. Skaane P: Radiology 2013;267:47
- 3) <u>Malmø Breast Tomosynthesis Screening Trial</u>); Interim analysis. Lång K: Eur Radiol 2015
- 4) Cordoba Screening Study; Romero Martin S: Eur Radiol 2018
- 5) <u>US multicenter study</u> (13 centers); Final report. Friedewald SM: JAMA 2014;311:2499

Oslo Tomosynthesis Screening Trial: Preliminar results comparing FFDM+DBT (arm C) vs. syn2D+DBT (arm D)



Screening studies comparing <u>FFDM</u>+DBT vs. <u>syn2D</u>+DBT

Study		Study Design	Population (n)	Recall p-value (%) (sign.)	Cancer § detection	p-value (sign.)
OTST	1)	Prospective; screening	FFDM: 12,270 syn 2D: 12,270	4.6* 4.5* n.s.	7.8 7.7	n.s.
STORM-2	2)	Prospective; screening	FFDM: 9,672 syn 2D: 9,672	4.0* 4.5* ↑ p<0.05	8.5 8.8	n.s.
Cordoba	3)	Prospective; screening	FFDM: 16,067 syn 2D: 16,067	2.8** 2.9** n.s.	5.0** 5.4**	n.s.
Uni Penn, PA	4)	Retrospective; screening	FFDM: 15,571 syn 2D: 5,366	8.8 7.1 \$\psi p<0.01\$	5.4 5.0	n.s
Baltimore , MD	5)	Retrospective; screening	FFDM: 7,845 syn 2D: 14,776	7.6 7.1 ↓ p=0.04	5.3 5.6	n.s.
Newark, DE	6)	Retrospective; screening	FFDM: 30,561 syn 2D: 16,173	5.8 4.3 \$\frac{1}{2} p < 0.01\$	6.4 6.1	n.s.
TOMMY trial	7)	Retrospective; experimental	FFDM: 7,060 syn 2D: 7,060	70%*** 72%*** n.s.	89%*** 88%***	n.s.

: Single reading s2D+FFDM+DBT vs s2D+DBT §: Cancer/1000 exam *: False positive score *: Sensitivity and specificity

Significant: 1) Skaane P et al.: **Radiology** 2014 4) Zuckermann SP: Radiology 2017 Lancet Oncol 2016 2) Bernardi D et al.: 5) Ambinder EB: Acad Radiol 2018 - **J** favour of syn2D+DBT 6) Aujero MP et al.: Radiology 3) Romero Martin S: Eur Radiol 2018 2017 † disfavour of syn2D

7) Gilbert FJ et al.: Radiology

2015

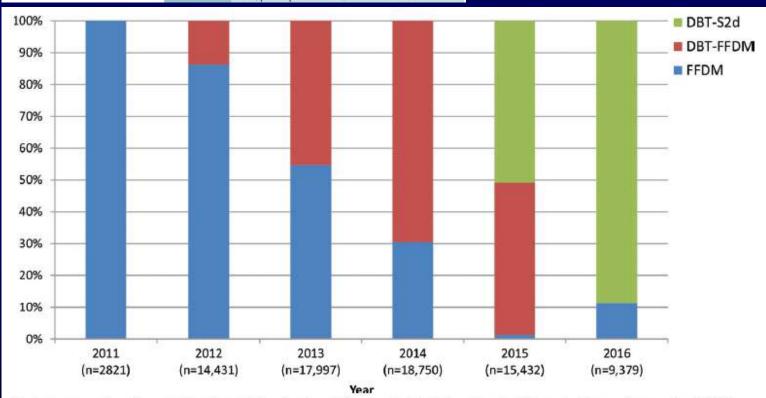
Clinical Performance of Synthesized Two-dimensional Mammography Combined with Tomosynthesis in a Large Screening Population¹

Radiology 2017

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To compare the clinical performance of synthesized two-dimensional (s2D) mammography combined with digital breast tomosynthesis (DBT) with that of full-field digital mammography (FFDM) alone and FFDM combined with DBT in a large community-based screening population by analyzing recall rate, positive predictive value, and cancer detection rate.



Graph shows percentage of screening breast examinations of each modality per year included in the study period. Note gradual decrease in percentage of FFDM studies from 2011 to 2015 and corresponding increase in percentage of DBT studies. Sample size (n) refers to number of breast examinations.

3D Imaging May Revolutionize Cancer Screening

Radiology

A New Era in Mammography Screening¹

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ntrary to criticism by those who but only a few of us used CT in breast

Tomosynthesis systems installed in U.S.A.



